

Question Time - Values

Below is a list of values, please feel free to add more of your own. Out of the list select the top 10 that you feel are most important to you, and rank them in order of importance from most important to least. Then also list those top ten values in terms of which ones need most work on to bring them up to your optimum level and rank them in order from most work required to least.

Values	Your top 10 values in order of importance	Your top 10 values in order of work required
• Honesty • Tolerance (non-judgmentalism) • Balance • Love • Discernment • Curiosity (open-mindedness) • Open-Mindedness • Passion • Excellence • Compassion • Empathy • Judgement (<i>non-judgemental</i>) • Stillness • Courage • Punctuality • Respect • Responsibility (health, diet, exercise, giving, taking) • Effort • Focus • Congruence • Consistency (sustainability - provider mindset) • Transparency • Discipline • Collaboration • Boundarylessness • Egolessness • Openness • Thoughtfulness • Awareness • Trustworthiness • Organisation • Purpose (providing value) • Equality • Freedom • Choice • Gratitude • Clarity • Proactive • Flexibility • Optimism • Resourcefulness • Maturity • Wisdom • Integrity • Justice <i>Feel free to add your own</i>		

1. Why have you chosen that list of values?
2. Which ones have you not listed because you think that they are predicated higher up by what you have chosen?

You may well find that doing this exercise one key value naturally, or surprisingly, rises to the top with the others feeding into it in support roles. For example, when I originally listed my values, I did so in the following order:

1. Curiosity
2. Excellence
3. Responsibility
4. Egolessness
5. Compassion
6. Organisation
7. Boundarylessness
8. Awareness
9. Integrity
10. Purpose

In my case the key value that eventually rose to the top for me was boundarylessness. In one way it was surprising, in another it wasn't. With one of my key mottoes through life being: "If something is humanly possible, then there is no darn reason that I cannot do it" - this is boundarylessness in practice. This value is reflected in just about everything I have done in life, not just for myself, but in my work - in providing the meaning, impetus and safety net for others to push their boundaries either personally or in their business ventures. Seeking out solutions to diverse problems.

In doing so it required:

1. **Awareness** of what is possible and practical and what is not. As well as the potential and capabilities of those individuals and companies that I may be working with. Awareness too of the limitations and potential of the "supply chain" that may be required to support the advance, who may be affected by the advance and the impact upon them.
2. **Curiosity** to determine and understand what I know, what I didn't know, and what I need to know and to educate myself accordingly.
3. **Purpose** to determine what the ultimate goal and benefit will be - the chain of cause and effect.
4. **Responsibility** to ensure that any risks taken are properly considered, that everyone affected by them are aware of them and are happy with them. That all aspects are fully and properly considered and done with safety in mind.
5. The ultimate aim of pushing the boundaries is to push the boundaries of **excellence**. To continually step up level by level.
6. Pushing boundaries requires a high degree of **organisation** to do it effectively and efficiently, to follow the three key steps of development: Prepare - Advance - Consolidate.
7. **Integrity** to ensure that we are doing the right thing for the right reasons. To be consistent and to give consistent support to all involved.
8. Pushing boundaries, challenging and changing paradigms require leadership, and with it the three key elements of collaboration, empathy and **compassion** to keep everyone aligned with, and focused on, the objective and happy to continue.
9. **Egolessness** to provide a "failure free" environment. Ego is our enemy, it constrains us through fear of failure - fear of not measuring up to expectation. We are not going to feel comfortable pushing boundaries if we have an ego that is on the line and holding us back.